

The

# Retirees'

# DOG TAG



I. M. RETIRED  
000-00-0000  
US MILITARY

VOLUME 1, JUNE 1, 2006

THE UNOFFICIAL PUBLICATION OF THE NORTH DAKOTA NATIONAL GUARD AND RETIREES ADVISORY BOARD FOR MILITARY RETIREES.

## ANNOUNCING THE DOG TAG

Dear National Guard Retiree,

The North Dakota National Guard and National Guard Retiree's Advisory Board is pleased to announce "*The Retiree's Dog Tag*". This is the first issue of what we hope will be an annual newsletter geared specifically to North Dakota National Guard retirees.

The intent of the newsletter is to provide information to retirees on subjects from retirement benefits to what's happening in the National Guard.

We truly hope you find this publication informational and worthwhile. If you have any ideas to improve it please let your Retiree Liaison know.

You may be wondering why we name our newsletter the Dog Tag? In 1913 the military formally adopted the dog tag and by 1917 all combat soldiers were issued them. In addition to being able to identify service members that were killed in action the dog tag provided important information to soldiers about soldiers. We think that this newsletter can do the same, that is, provide you with important information as a retiree and a life long member of the Guard family.

Your National Guard Retirees' Board is not quite a year old. You will see a revitalized effort from us to keep you connected. Again, if you have any ideas on how to do this better let us know.

JERALD ENGELMAN  
Brigadier General, NDANG  
Deputy Adjutant General

## What's Inside

Army National Guard Update.....	2
Air National Guard Update.....	2
Committee Reports.....	3
New Retirees	4
Retiree Benefits.....	5
Retiree Events and Activities.....	6
Roll Call.....	9

## Your Advisory Board



### Front Row:

CMSgt Jack Tietgens Region 5, Fargo  
 Brig Gen Jerald Engelman - Board Chairperson  
 CSM (Ret) Ken Hiltner - Region 1, Williston  
 1SG (Ret) Donald Olafson - NGAUS/EANGUS Liaison  
 COL (Ret) Gerald Galloway, Region 8, Dickinson  
 CW4 (Ret) Ben Kemp, Region 7, Bismarck  
 TSgt (Ret) Jill Holwerda - Region 4, Grand Forks

### Back Row:

COL Greg Wilz (Ret) - Board Facilitator  
 CW4 (Ret) Ralph Metcalf - Army Command Liaison  
 CW4 (Ret) Joe Heiser - Region 2, Minot  
 CW5 (Ret) Tim Zimmer - Family Support Liaison  
 CSM (Ret) Dave Cichos - Region 3, Devils Lake  
 CSM (Ret) James Verwey - Veterans Groups Liaison  
 COL (Ret) Gerold Gernholz - Region 6, Valley City  
 Col (Ret) Tom Larson - Air Command Liaison

### Not In Picture:

COL Vern Fetch - ESGR Liaison  
 CW4 (Ret) Don Baglien - Communications Officer



# ARMY GUARD UPDATE



## New Recruiting Initiative "grand" for retired Soldiers

Would you join the Army National Guard for \$297.00 per month payment while attending full time college? This is worth \$10,692.00. Not enough you say. How about if we throw in an additional \$350.00 per month if you sign up for a critical MOS? This gives you another \$12,600.00. These two programs are non-taxable. Now are we tweaking your interest? One more item that we will add to this unheard of package; the NDNG Scholarship Program will reimburse up to 100% of your tuition in a ND college/university. You could get up to \$18,000.00 in this incentive payment. I think we have your attention now.

However, I can tell that you are still leery. Just to keep everything on the up and up we will pay you every time you attend training which will pay according to your rank and time in service but you should easily get over \$26,000 total pay during your first enlistment. Now for the cream in your coffee, we will arrange for \$20,000.00 to be put into your checking account just by signing on the line and being a good soldier. You better hurry though as this bonus may disappear on 31 December.

These incentives will give you more than \$87,000.00 to pay for your education and much more. This is quite unlike previous years in the National Guard as explained by Command Sergeant Major Tom Vagle. Tom always used to look forward to reenlistment time when he would receive a brand new pair of Army OD wool socks. Now that is a true enlistment bonus.

Whoops, I guess I forgot. You guys who receive this letter are too old to enlist. Just being young at heart does not qualify. But now that you know all the financial benefits of joining the Guard you might just as well participate in the retiree's enlistment referral program where you can get \$1,000.00 for each referral that satisfactorily completes the enlistment requirements. Contact your local recruiter at 1-888-ND-GUARD for all the details. Get your referrals in before a recruiter gets to them and beats you out of the Grand.

Ralph Metcalf



# AIR GUARD UPDATE



## New Mission Firming Up For 119th Fighter Wing

The Happy Hooligans will expand their flying mission for the next two years and retain all of their military positions.

The 119th Fighter Wing of Fargo's Air National Guard, which loses its 22 fighter jets next year, now stands to gain 16 C-21 aircraft instead of four C-130 cargo planes.

The Grand Forks (N.D.) Air Force Base also will retain 1,968 jobs tied to the unmanned aerial vehicle, or UAV, mission shared with Fargo.

Both the Fargo and Grand Forks bases had expected to lose jobs and traditional flying missions due to the military's base closure plan.

A new five-year military plan solidifies a family of UAVs in Grand Forks, where they will launch and land, starting in 2009, and joint cargo airplanes by 2010, Gov. John Hoeven said. Pilots will guide the drones from Fargo.

The C-21, a twin engine aircraft, is the military version of the Lear Jet 35A business jet. Gen. Mike Haugen, commander of North Dakota's National Guard, said the additional planes in Fargo will give the Happy Hooligans' pilots more training opportunities in a "bridge mission" before the joint cargo aircraft arrive.

A few weeks ago, military officials approached Hoeven and Haugen about adding eight C-21 aircraft, now used by the Air Force as an executive and medical transport aircraft in Fargo.

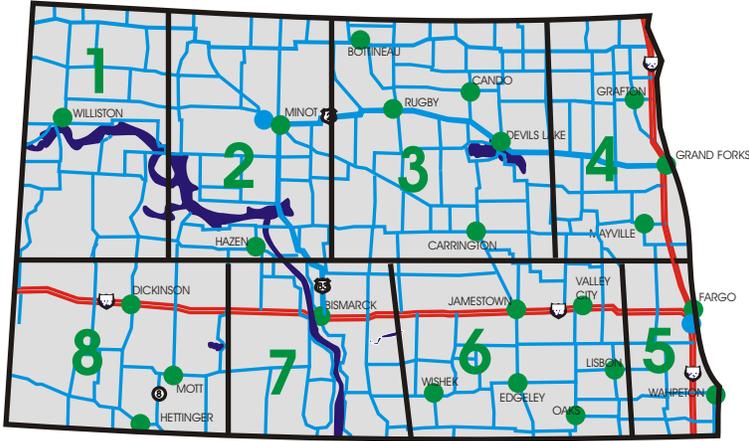
Eight more were planned to go to Connecticut in two years, but Haugen persuaded officials to station them in Fargo until then.

## HELP US MAINTAIN THE DATA BASE

The Retirees' Advisory Board maintains a database of all North Dakota National Guard Retirees, a list of over 1900 names. To assist us in maintaining its accuracy If you have a change of address please contact Verena Schauer at (701) 333-2012 or email her at [verena.schauer@us.army.mil](mailto:verena.schauer@us.army.mil).

# Committee Reports

## Retiree Regions



Eight regions have been set up across the state and each region has a regularly scheduled event. (See schedule below) Retiree regional areas are flexible to allow retirees to attend in the region that makes sense to them

## Regional Meetings

Region	Meeting Date	Time	Location
1 - Williston	2nd Tuesday of every month	0730-0830	Williston Armory
2 - Minot	2nd Tuesday of every month	1130-1230	Marco's Restaurant
3 - Devils Lake	3rd Monday of every month	0730-0900	White House Café
4 - Grand Forks	3rd Monday of every month	0800-0900	Holiday Inn
5 - Fargo	1st Wednesday of every month	0730-0830	Valley Kitchen
6 - Valley City	Last Tuesday of every month	0830-0930	Broken Spoke
7 - Bismarck	2nd Tuesday of every month	0700-0830	BSC Student Union
8 - Dickinson	4th Tuesday of even months	0700-0830	Perkins Restaurant
Detroit Lakes	3rd Saturday of even months.	0800-0930	Holiday Inn

### REGION 4

#### VOLUNTEER DATABASE ENROLLMENT

You are needed and wanted....it is just-as-simple-as-THAT! Sign up this month by e-mailing holwerda@gra.midco.net with your name,location,phone number,and the talent/skill you are willing to offer. All townships need a designated volunteer to stand between the GAP of a temporary need and giving the help to meet the need. ALL ARE WELCOME TO JOIN US.

### REGION 3.

For your information Region 3 is made up of unit from,Bottineau,Carrington,Cando,Devils Lake, and Rugby.

The Region 3 meeting is the 3rd Monday of every month, at the White House Cafe in Devils Lake,which is in the little mall next to the Holiday station. We meet for breakfast at 0730-0900. If you are the Devils Lake area at that time you are always welcome.

We have anywhere from 6 to 20 retirees that come. We visit about old times, meet new friends, get updates about what is going on in the Army and Air Guard units and also on the State level . My goal is to have a retirees breakfast in each of the units in our Region after things slow down this spring. You will get more information at the Sept 8-9, 2006 Retirees Weekend at Camp Grafton If you would like more information I can be reach at my Home phone (701-776-5336) or my cell(701-208-0838).  
E-MAIL: dcichos@stellarnet.com  
Have a great summer.  
CSM (Ret) Dave Cichos

## Military Humor

As we stood in formation at the Pensacola Naval Air Station, our Flight Instructor said, "All right! All you dummies fall out."

As the rest of the squad wandered away, I remained at attention.

The instructor walked over until he was eye-to-eye with me, and then just raised a single eyebrow. I smiled and said, "Sure was a lot of 'em, huh sir?"

# New Retirees

## SEPTEMBER 05

SGT PENNY J AXTMAN  
MAJ JOSEPH S BANISTER III  
SGM BLAINE J BESTE  
SFC JODY C BOHN  
SFC BRIAN D BRAYTON  
CW3 THOMAS F CARLSON  
SSG MARK A ENGET  
SSG CHARLES D GULDEN  
SFC DELBERT G HELLMAN  
SGT EDWARD A HOCHHALTER  
MSG RICKY L HOCHHALTER  
LTC KEVIN IVERSON  
SSG CHARLES J MADCHE  
SSG BRYAN L MOE  
CPT MYRON L STEIER  
SFC AUDREY J. WANG

## OCTOBER 05

SFC RAYMOND A FEIST  
SFC JANETTE K FETCH  
SFC GLEN M KELLER  
SGT ALLEN S KRAFT  
SFC MITCHELL S OLSON  
SFC KERMIT L PAULSON  
MAJ KRISTA L ANHELUK  
SFC SYSAVANH HANSANA  
COL JOHN HOCKING  
CSM DALE D MOENCH  
SFC DALE D MOSER  
SSG JOHN R NICHOLSON  
1LT SCOTT J STAUDINGER

## NOVEMBER 05

CPT TERENCE L KRCHNAVY  
COL ALLEN W SCHULDT

## DECEMBER 05

SGT RONALD F SORENSON  
SSG PHILIP F GRAY  
SSG KYLE J KINSTLER  
LTC DONALD A WINGERTER  
SSG DEAN K WOEHL

## JANUARY 06

SGT TODD A OBRIEN  
SSG MARK A HETLETVEDT  
SGM RODERICK S OLIN  
SGT JEFFREY A SILVERNAIL

## FEBRUARY 06

MSG LOWELL L RADER  
SGT GERALD E CASAVANT  
SFC JOHN B GOERGER  
SGT JAMES H GORDON  
1SG KEITH A HERTZ  
CW5 GARY L SCHULZ

## MARCH 06

CW4 CRAIG A HEUER  
SSG RONALD B MATHEWS III  
1SG JAMES M PROPECK  
SGT WADE A URBACH  
SFC BRIAN ALAN WARD  
SSG DANIEL E WELSH  
SFC GARY D WENSTAD

## APRIL 06

SMSGT SANDRA K. MUNDAL  
CPT KYLE C EID  
SFC MARK W HUETHER  
SFC KIM D LINK  
CW4 MARKUS SCHUMACHER

## MAY 06

SFC ELROY L HUBER  
SSG BRIAN C BERG  
LTC JAMES A BERGLUND  
SSG DUANE N DOBITZ  
SFC LEROY A FISCHER  
1SG HERMAN R GALSTER  
SFC ANTHONY W GOLDADE  
1LT ROGER D POHLMAN  
MAJ ROBERT L TAYLOR

## JUNE 06

SFC RANDALL A CALE  
SGT JOSUE DEJESUS-GOMEZ  
SSG KEVIN R GROTHMANN  
SGT DEAN G KADRMAS  
SFC STEPHEN L LAFROMBOISE  
CW5 ALAN D SCHOENACK

## JULY 06

SGT JOHN A BERRETH  
SSG WAYNE E ISZLER  
MSG LARRY J KALLOD

*Welcome to the Ranks  
of the Retired*

Please note that we will try to publish the names of all retirees on a yearly basis from September thru August.

# Retiree Benefits

## SAVE MONEY ON PRESCRIPTIONS

TRICARE Mail Order Pharmacy (TMOP) is administered by Express Scripts Inc. (ESI), and is available for prescriptions that beneficiaries take regularly. Beneficiaries may save up to three times the amount of money by using the TMOP for maintenance medications rather than retail network pharmacies. Beneficiaries may receive up to a 90-day supply for most medications. Prescription refills may be requested by mail, phone or online. Beneficiaries who have prescription drug coverage from other health insurance (OHI) plan may not use TMOP, unless the medication is not covered under the other plan, or the beneficiary exceeds the dollar limit of coverage under the other plan.

To use TMOP, beneficiaries register with TMOP by completing the registration form available at [www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE). Follow the instructions on the ESI Web site to submit the form. After you are registered mail your health care provider's written prescription and the appropriate copayment to ESI at:

Express Scripts, Inc.  
P.O. Box 52150  
Phoenix, AZ 85072

New prescriptions may also be faxed or phoned in by the provider. Within 10-14 days, the medications are sent directly to the beneficiary.

For more information about TMOP, beneficiaries may visit the ESI Web site at [www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE) or contact TMOP member services at 1-866-DOD-TMOP, (1-866-363-8667),

## Recreation Centers

Hale Koa Hotel Reservations: 1-808-955-9424  
2055 Kalia Rd, Honolulu HI 96815-1998

Shades of Green Reservations 1-888-593-2242  
1950 W. Magnolia Palm Drive  
Lake Buena Vista, FL 32830



## USEFUL RETIREE WEBSITES

[www.aafes.com](http://www.aafes.com)  
[www.military.com](http://www.military.com)  
<https://mypay.dfas.mil/>  
<https://www.hrc.army.mil/indexflash.asp>  
<https://www.triwest.com/triwest/default.html>  
<http://www.ngngaus.org/>  
<http://www.guard.bismarck.nd.us/>  
<http://www.gxonline.com/home>  
<http://www.1-800-go-guard.com/home.html>  
<http://www.va.gov/>  
<http://www.herosalute.com/>  
<http://www.military-travel.net/>  
<http://www.govarm.com/>  
<http://www.moaa.org/>  
<http://eangus.org/>  
<http://www.defenselink.mil>  
<https://www.virtualarmory.com/home/>  
<http://www.militaryonesource.com>  
<http://www.ndguard.com>  
<http://www.socialsecurity.gov>  
<http://www.express-scripts.com/>  
<http://www.guardrecruitingassistant.com>  
<http://www.archies.gov/veterans/evetrecs/>  
<http://www.tricareonline.com>  
<http://www.mnf-iraq.com/>



## Maj Gen Haugen to Retire and MAJ Gen Sprynczynatyk to take Command of the North Dakota National Guard

BISMARCK, N.D. - Gov. John Hoeven today announced the retirement of Adjutant General Michael Haugen effective the end of August 2006 after a distinguished 39-year career serving the North Dakota National Guard. Hoeven named MG David Sprynczynatyk to take the post. Sprynczynatyk will assume his command in a formal ceremony on August 26.

"These distinguished public servants have brought an outstanding set of skills, leadership and experience to their respective positions, and they have enriched our state," Hoeven said. "Mike Haugen leaves a strong, efficient organization to his successor, and a legacy of accomplishment in both military and civil missions. His service has been greatly appreciated. At the same time, Dave's knowledge of military issues and emergency response procedures, as well as his engineering background, will be an outstanding asset to the National Guard."

# Classifieds Ads

## Not Getting Jet Letter or Straight Arrow

Send your name and address to:

Jet Letter	Straight Arrow
119FW/PA	JFHQ-PIO
Attn: Jet Letter	NDNG
1400 28th Ave N	P.O. Box 5511
Fargo ND 58102-1051	Bismarck, ND 58506-5511

## Historical Volunteers Wanted

The North Dakota National Guard is looking for volunteers to help work with its historical collections. Work includes cataloging and caring for historical objects, artifacts, papers and photos. Schedule is very flexible. Experience in supply and/or administration very helpful, but willing to train anyone interested. Being old is a plus, since our "stuff" is old as well. Please contact LTC Pete Conlin at 701-333-2007 for more information.

## HOOIGANS' ANNUAL REUNION BREAKFAST

119TH FIGHTER WING  
FARGO, ND  
1 November 2006



## Your Help is Needed!

The Youth Rendezvous is a nationwide event for high school students. Sponsored by NGB and hosted by the NDNG it is centered around the 200th anniversary of the Corps of Discovery. It will educate students about the Lewis and Clark journey as a military expedition by exploring the leadership and values of the military of the past and the military of today. **Lots of help is needed, to volunteer to help run this event call (701) 333-2266.**

August 13-18, 2006

Bismarck, Medora, Washburn, and New Town



CALLING ALL RANKS

## Retirees' Reunion

★★★	★						
	<b>NORTH DAKOTA NATIONAL GUARD RETIREES' ANNUAL REUNION</b> CAMP GILBERT C. GRAFTON DEVILS LAKE, ND <b>8-9-10 September 2006</b> Register early and help make a record year for attendance!						
	 REGISTRATION PACKET ENCLOSED WITH THIS THE NEWSLETTER						

## A Commander's Note:

*I'm grateful for this opportunity to contribute to "The Retiree's Dog Tag." There are few responsibilities we in active service have that are as meaningful as keeping faith with retirees. Whether it is through publications like this, formal events like our base's annual Retiree Appreciation Day, or simply a hearty handshake and a word of thanks, our responsibility to support retirees is a solemn obligation. The bottom line is this: the men and women who have served in the North Dakota National Guard share common values and experiences with the Warriors of the North. We are united by the bonds of patriotism, commitment to excellence, and a desire to see our nation prosper. As such, we are honored to follow in your footsteps and proudly serve our nation.*

Col William J. (Bill) Bender  
319<sup>th</sup> Air Refueling Wing Commander  
Grand Forks AFB

# NORTH DAKOTA VETERANS ORGANIZATIONS

North Dakota has five national Veterans organizations located in the State serving us, the American Veteran. As with most fraternal organizations they struggle to maintain strong membership. If you aren't a member of at least one of them please consider joining. We are all a band of brothers and must work together to ensure our benefits and the benefits for those who come after us.

**American Legion**  
 Orville Simonson  
 Department Commander  
 12979 95th St. NE  
 Cavalier, ND 58220  
 (H) 701-549-3493

**Veterans of Foreign Wars**  
 Ray Harkema  
 Department Commander  
 644 4th Ave E  
 West Fargo, ND 58078  
 (H) 701-282-8914

**American Veterans (AMVETS)**  
 Scott L. Anderson  
 Department Commander  
 2107 7th St NW  
 Minot, ND 58703-0905  
 W: 701-852-6129

**Vietnam Veterans Of America**  
 Dan Stenvold  
 State President  
 105 Code Ave N  
 Park River, ND 58270  
 (H) 701-284-6426

**Disabled American Veterans**  
 Tim Cruff  
 Department Commander  
 2325 26 1/2 Ct. S  
 Fargo, ND 58103  
 (H): 701-293-0407

**PLEASE SUPPORT  
 YOUR LOCAL  
 VETERANS  
 ORGANIZATION!**

**NORTH DAKOTA VETERANS CEMETERY** Are you registered? Eligible Veterans who would like to save their families from the burden of coordinating their burial plot with the North Dakota Veterans' Cemetery may pre-register by completing the form below and mailing to 1825 46th Street, Mandan, ND



## APPLICATION AND ELIGIBILITY FOR BURIAL IN THE NORTH DAKOTA VETERANS CEMETERY

1825 46<sup>th</sup> Street, Mandan, ND 58554  
 Phone (701) 667-1418 Fax (701) 667-1419

**DATE OF APPLICATION:**

FIRST NAME - MIDDLE NAME - LAST NAME		PHONE NUMBER	MILITARY SER NUMBER	SOC. SEC. NUMBER	SEX
ADDRESS (Street, City, State, Zip)			DATE OF BIRTH (DAY, MONTH, YEAR)	PLACE OF BIRTH (CITY, STATE)	
<b>MILITARY STATUS</b> <input type="checkbox"/> GUARD <input type="checkbox"/> RESERVE <input type="checkbox"/> VETERAN	DATE ENTERED ACTIVE DUTY (DAY - MONTH - YEAR)		DATE RELEASED FROM ACTIVE DUTY (DAY - MONTH - YEAR)		
	HIGHEST RANK HELD	BRANCH	WAR SERVICE (WW I, WW II, OTHER)		
<b>Attach (Copy) of FORM 53-55 or DD214 or NGB 22 (Showing type of Discharge)</b>					
MARKER INFORMATION: RELIGIOUS EMBLEM <input type="checkbox"/> YES <input type="checkbox"/> NO			SEE ATTACHED LIST OF RELIGIOUS EMBLEMS AND INDICATE ON REVERSE		
SPOUSE INFORMATION: FIRST NAME - MIDDLE NAME - LAST NAME			SOC. SEC. NUMBER		SEX

**(FOR CEMETERY OFFICE USE ONLY)**

This is to certify the individual named above is eligible for interment, along with spouse (s) and dependent children under applicable rules, in the ND Veterans Cemetery. This eligibility once given may not be denied or revoked.

# RETIREE IMPORTANT PHONE NUMBERS

TOLL FREE NUMBERS	
ND Department of Veterans Affairs	1-866-634-8387
	Local 701-239-7165
	Fax 701-239-7166
VA Veterans Benefits Information	1-800-827-1000 Ext. 13701
VA Home Loan (St. Paul)	1-800-827-0611
VA Home Loan Information (Los Angeles)	1-88-487-1970
VA Direct Deposit	1-877-838-2778
National Personnel Records Center	1-800-827-4898
VA Debt Management Center	1-800-827-0648
VA Hospital (Fargo)	1-800-410-9723
Prescription Refills	1-800-661-0827
Other Pharmacy Issues	1-800-410-9723
VA Education	1-888-442-4551
VA Insurance Center	1-800-669-8477
CHAMPVA Center	1-800-733-8387
Persian Gulf Helpline	1-800-749-8387
Military Retiree Pay	1-800-321-1080
“Army OneSource”	1-800-464-8107
“Marines OneSource”	1-800-869-0278
“Navy OneSource”	1-800-540-4123
“Air Force OneSource”	1-800-707-5784
National Veterans Foundation	1-800-777-4443
PTSD Alliance	1-877-507-PTSD
National Military Family Association (NMFA)	1-800-260-0218
National Organization of Veterans Advocates (NOVA)	1-800-810-8387
Pension Maintenance Center	1-877-294-6380
WIMSA (Women In Military Service for America)	1-800-472-5883
TRICARE (West Regional)	1-800-225-4816
TriWest Healthcare Alliance	1-888-874-9378 <a href="http://www.triwest.com">www.triwest.com</a>
TRICARE For Life	1-866-773-0404



1 September 2005 Through 1 August 2006

Brig Gen Duane "Pappy" Larson  
22 September 2005

Col Waldemar "Wally" C. Johnson  
29 January 2006

SFC LeRoy Neutz

SGT William (Bill) Joel Manikowski  
28 Feb-06

Al Matteson  
21 Apr-06

SFC Marvin Delzer  
22 Apr-06

Cw4 Charles William(Bill) Lind  
26 Apr-06

CPT Thomas D. Kasper  
2 May-06

PFC Christopher Arnold  
4 May-06

COL William F. McCullough  
11 Jun-06

SFC Duane F. Swatlowksi  
16 Jul-06

CW4 Ewald Heisler  
22 Jul-06

CPT Weston L. Maly  
24 July 2006

## North Dakota Service Members Who Have Died in Support of OIFand OEF

Cpl Paul A. Beyer, 23 June 2006

Spc. Jeremiah S. Santos, June 15, 2006

Cpl. Curtis Mehrer, June 6, 2006

Sgt. Travis Van Zoest, June 6, 2006

Spc. Michael Hermanson, May 23, 2006

Spc. Dennis Ferderer Jr., Nov. 2, 2005

Spc. Cody Wentz, Nov. 4, 2004,

Pvt. 1st Class Anthony Monroe, Oct. 10, 2004

Staff Sgt. Lance Koenig, Sept. 22, 2004

Spc. James Holmes, May 8, 2004,

Spc. Philip Brown, May 8, 2004

Staff Sgt. Ken Hendrickson, Jan. 24, 2004

Sgt. Keith Smette, Jan. 24, 2004

Spc. Thomas Sweet II, Nov. 27, 2003

Pfc. Sheldon Hawk Eagle, Nov. 15, 2003,

Spc. Jon Fettig, July 22, 2003

*We apologize for those we may have missed  
or are not included at the time of printing.*